

Welcome to 1st Aesthetics Training Academy

CPC AND HAMILTON FRASER ACCREDITITAED COURSES FOR BOTH MEDICS & NON-MEDICS

Access to Aesthetics



1st Aesthetics Training Academy

- The 1st Aesthetics team are industry leading specialists in non-surgical aesthetic treatments and leaders at the very cutting edge of new practices and procedures.
- In 2006 we began intensive training at various leading training providers, who are world renowned such as Harley St in London, England. We are passionate about rejuvenation treatments and strives for continuous improvement and learning.
- Accredited by the CPD and Hamilton Fraser we are award winning experts in getting you set up ready for your new chapter

WHY TRAIN INTO AESTHETICS?

- Did you know that 90% of all cosmetic procedures in the U.K are non-surgical. Have you dreamt of a career or upskilling in an ever-expanding industry that rewards your expertise?
- Are you one of the millions of truly satisfied aesthetic clients who understand firsthand just how great these treatments can make a person look & feel?
- Aesthetics is a fabulous industry and rewarding career choice. That fabulous daily feel-good factor which comes from helping others look & feel fabulous can be attained sooner than you imagined.
- No matter what your present situation; few things can compare to total job satisfaction, and with our professional, theoretical, practical and highly supportive training you can now live your dream.

WHAT WE DO

- Here at our academy, we pride ourselves on developing and educating like minded professionals, wanting to grow in the aesthetics industry.
- We promote a number of courses from; anatomy & physiology to dermal fillers, chemical peels and anti-wrinkle injections.
- We offer an insight into the aesthetics world and what it is like to be an aesthetic practitioner.
- Our courses consist of theory work and demonstrations right through to hands on experiences with models provided by ourselves.







Our Academy 1st Aesthetics

ACCESS TO AESTHETICS COURSE

- The total cost of the course is £2999
- Limited time offer is £1999, reduced by £1000
- A deposit of £1000 is required to secure your place on the course then the outstanding balance is to be paid before the last day of your course
- The duration of the course is 5 days

Day 1: Anatomy & Physiology , EFAW (emergency first aid at work) / BLS (basic life support)

Arrive at clinic at 10:30am

10:45am – 11:30am BLS Theory **11:30am – 11:45am Break** 11:45am – 12:15pm First Aid Theory

12:15pm – 1:00pm Lunch

Afternoon 1:00pm – 2:30pm BLS & First Aid Practical **2:30pm - 2:45pm Break** 2:45pm – 4:45pm Review of A&P 4:45pm – 5:15pm Exam



Day 2: Chemical Peels & B12 Injections

Morning 10:00am start

- 10:00am 10:30am Theory introduction to Obagi Peels and B12 Injections
- 10:30am 11:30am Live models
- 11:30am 11:45am Break
- 11:45am 12:30pm Theory Review

12:30pm – 1:00pm Lunch

Afternoon

- 1:00pm 3:00pm Live models
- 3:00pm 3:30pm Q&A

Day 3: Microneedling

Morning 10:00am start

10:00am – 11:00am Theory Introduction to Microneedling

11:00am – 12:30pm Live Models

12:30pm – 1:00pm Lunch

Afternoon 1:00pm – 2:30pm Live Models **2:30pm – 3:00pm Break** 3:00pm – 3:30pm Q&A

Day 4: Foundation Anti- Wrinkle Injections

Morning 10:00am start 10:00am – 10:30am Introduction to Botulinum Toxin 10:30am – 12:00pm Live Models 12:00pm – 12:30pm Theory Review

12:30pm – 1:00pm Lunch

Afternoon 1:00pm – 2:30pm Live Models **2:30pm – 3:00pm Break** 3:00pm – 3:30pm Q&A

Day 5: Foundation Dermal Fillers

Morning 10:00am start

10:00am- 10:30am Introduction to Dermal Fillers 10:30am – 12:00pm Live Models 12:00pm – 12:30pm Theory Review

12:30pm – 1:00pm Lunch

Afternoon 1:00pm – 2:30pm Live Models **2:30pm – 3:00pm Break** 3:00pm – 3:30pm Q&A





THE OFFERING

- Pre course study
- One to one or small groups
- Models guaranteed
- Ongoing mentoring and advice
- Panel of prescribers
- Updates on latest procedures

COURSES WE OFFER

- Foundation Botox
- Foundation Dermal Fillers
- Advanced Botox
- Advanced Dermal Fillers
- B12 Injections
- Obagi Chemical Peel
- Profhilo
- PDO Threads
- Bum Lift
- Management of Complications and Medical Emergencies
- Advanced Tear Trough

CONTACT US

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Please make all course payments to: 1st Aesthetics Ltd Sort Code: 23-69-72 Account Number: 28397028